CARAMELIZED PINEAPPLE & PASSION FRUIT TART

For 4 persons

Preparation time: 20 minutes - Cooking time: 30 minutes

Ingredients

- 1 pineapple
- 2 large passion fruit
- 1 soup spoon of raw pistachios
- 4 soup spoons of cane sugar
- 4 knobs of butter
- 1 block of shortcrust pastry



Peel the pineapple and cut it into pieces.

Roll out the pastry and cut out 4 circles the size of French egg dishes (the flame-proof kind with handles on the side, or use mini frying pans).

Place a knob of butter in each of the 4 pans.

Gently heat each pan, add one soup spoon of sugar, increase the heat, add 1/4 of the passion fruit juice and seeds as soon as the sugar caramelizes, then 1/4 pineapple chunks, they should be tightly packed in an uneven layer.

Caramelize over high heat for five minutes.

Cover with a pastry disc and push the edges under the fruit using a wooden spatula. Bake in preheated oven at 180°C (gas mark 6), cook for 15 to 20 minutes. Turn upside down to remove from pan and sprinkle with crushed pistachios.

